Aged care home Uniting Aldersgate Lilyfield



Feel right at home

We're delighted you're thinking of joining our community at Uniting Aldersgate.

Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.

We're committed to the health and happiness of everyone who lives at Uniting Aldersgate and should you choose our service, we'll do everything we can to make you feel right at home.

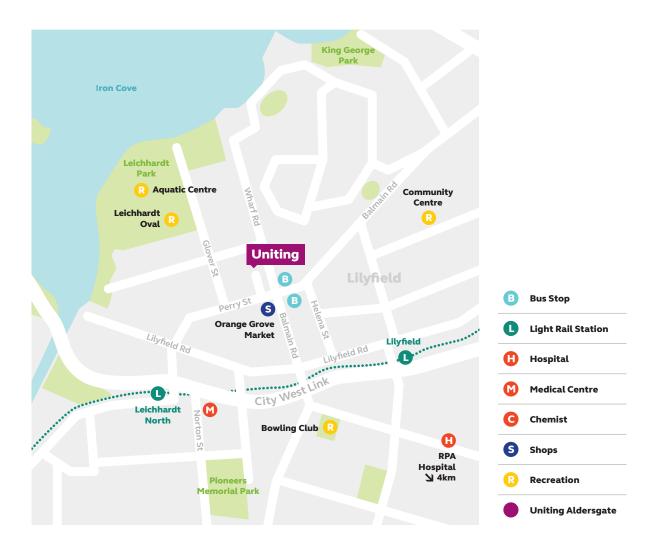
Uniting Aldersgate at a glance

- 102 aged care places including dementia support places
- Access to a dietitian
- Access to physiotherapy
- Bus outings
- Chapel
- Hairdresser
- Library
- Pastoral care
- Pets
- Recreational programs
- Religious services on request



1800 864 846 ask@uniting.org uniting.org





Our location

16 Fredbert Street Lilyfield NSW 2040

Uniting Aldersgate is located in the suburb of Lilyfield in Sydney's beautiful Inner West. Close to parks, medical services and transport, Uniting Aldersgate has strong connections to the local community.

Our community

Everyone who works at Uniting Aldersgate cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Aldersgate is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

Experts in care

If you choose Uniting Aldersgate, the level of care and support you receive will be based on *your* needs. We can help you with personal care (such as showering and getting dressed), managing your health and medication, and all the dayto-day jobs that have become tricky to manage by yourself. We take the stress out of life by assisting with the cooking, cleaning and laundry, and will develop a support plan that's right for you.

Uniting is passionate about supporting people living with dementia to lead happy and healthy lives. You and your family have the added security of knowing our qualified staff are there 24-hours a day.



Uniting Aldersgate offers:

Services

- Welcome program for all residents
- Support for people living with dementia and cognitive impairment
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- Meals and refreshments
- Assistance with daily living activities
- Emotional support, pastoral care and chaplaincy
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services.

Room types and features

- Uniting Aldersgate offers a number of room types. The approximate sizes (excluding ensuites) are:
 - Single rooms with shared ensuite, 18m²
 - Double rooms with shared ensuite 33–50m²
 - Shared room (3) with shared bathroom 44–50m²
 - Dementia specific, single room with shared bathroom, 18m²

- Dementia specific, double room with shared bathroom, 33–50m²
- Dementia specific, shared room (3) with shared bathroom, 44–50m²
- All rooms are bright and airy, in superior condition and have abundant natural light
- Each room offers home-like comforts including a bed, bedside table, traditional furnishings and fittings and personal storage
- All rooms are designed for privacy while promoting community living through easy access to common areas.

Common areas

- Uniting Aldersgate main common room is air-conditioned and offers a place for residents and their families to gather informally and enjoy use of the large modern TV, DVD player, library and seating areas
- When privacy is required for family gatherings or quiet discussions, there are garden courtyards or small breakout rooms with comfortable seating, tea and coffee, good lighting, and views to the gardens

 Garden areas provide tranquil outdoor spaces for residents, family and friends and the BBQ area provides more opportunities for socialising outside.

Support services

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs, a podiatrist and a dentist who visit regularly
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned to ensure a variety of social activities and to promote healthy living
- Residential support services are tailored to individual needs and preferences.

Staff strive to create an environment of comfort and familiarity while providing excellent care.

About Uniting

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Aldersgate and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.



