

Aged care home

Uniting Carooona Kalina Goonellabah



Feel right at home

We're delighted you're thinking of joining our community at Uniting Carooona Kalina.

Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.

We're committed to the health and happiness of everyone who lives at Uniting Carooona Kalina and should you choose our service, we'll do everything we can to make you feel right at home.

Contact us
1800 864 846
ask@uniting.org
uniting.org

Uniting Carooona Kalina at a glance

- 70 aged care places
- Aromatherapy
- Art and craft
- Bowls
- Bus outings
- Chapel
- Choir
- Concerts
- Dietitian
- Hairdresser
- Library
- Massage therapy
- Pastoral care
- Physiotherapy
- Podiatry
- Religious services on request
- Spa
- Speech therapy

Uniting



- B **Bus Stop**

- H **Hospital**

- M **Medical Centre**

- S **Shops**

- R **Recreation**

- **Uniting Carooona Kalina**

Our location

**65–101 Rous Road
Goonellabah NSW 2480**

Uniting Carooona Kalina is located in the beautiful township of Goonellabah on the North Coast of New South Wales. Close to shops, amenities and medical services, Uniting Carooona Kalina has strong connections to the local community.

Our community

Everyone who works at Uniting Carooona Kalina cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Carooona Kalina is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

Experts in care

If you choose Uniting Carooona Kalina, the level of care and support you receive will be based on *your* needs. We can help you with personal care (such as showering and getting dressed), managing your health and medication, and all of the day-to-day jobs that have become tricky to manage by yourself. We take the stress out of life by assisting with the cooking, cleaning and laundry, and will work with your family to develop a support plan that's right for you.



Uniting Carooona Kalina offers:

Services

- Welcome program for all residents
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- Meals and refreshments
- Assistance with daily living activities
- Emotional support and pastoral care
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services.

Room types and features

- Uniting Carooona Kalina offers a range of accommodation options. The approximate sizes of the rooms (excluding ensuites) are:
 - Single room with private ensuite, 15m²
 - Single room with shared ensuite, 15m²
 - Double room with shared ensuite, 52m²

- All rooms are bright and airy and in a well-maintained condition with abundant natural lighting
- The rooms offer home-like comforts including a bed, bedside table, traditional furnishings and fittings and personal storage
- All rooms are designed for privacy while promoting community living through easy access to common areas.

Common areas

- The activity room is air-conditioned and offers a place for residents and their families to gather informally and enjoy use of the large modern TV, DVD player and seating areas
- When privacy is required for family gatherings or quiet discussions, there are breakout rooms with comfortable seating, tea and coffee, good lighting and views to the gardens
- Uniting Carooona Kalina's natural surroundings provide tranquil outdoor spaces for residents, family and friends to enjoy.

Support services

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs, a speech therapist, dietitian, aroma therapist, physiotherapist and podiatrist, all who visit regularly
- A dentist, optometrist and audiologist are additional off-site support services
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned by our Healthy Lifestyle Coordinator to ensure a variety of social activities and promote healthy living
- Residential support services are tailored to individual needs and preferences.

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About Uniting

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Caroon Kalina and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.

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