# **Uniting Elizabeth Gates Singleton**



# Feel right at home

We're delighted you're thinking of joining our community at Uniting Elizabeth Gates.

Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.

We're committed to the health and happiness of everyone who lives at Uniting Elizabeth Gates and should you choose our service, we'll do everything we can to make you feel right at home.

## **Uniting Elizabeth Gates at a glance**

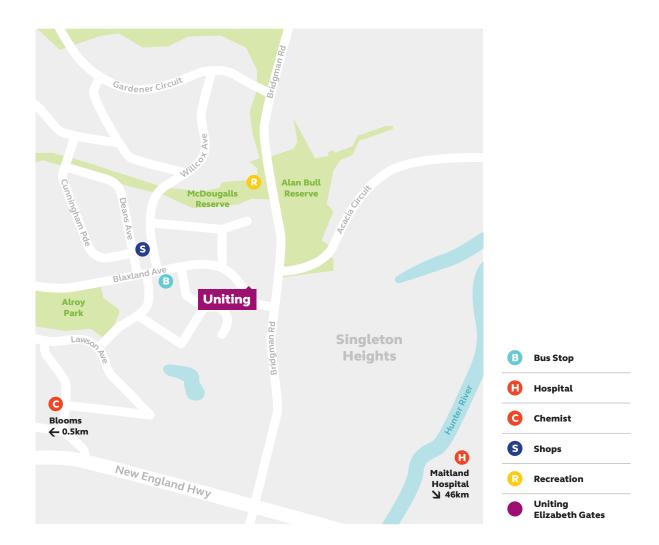
- 35 aged care places
- Chapel in adjoining Uniting service
- Concerts
- Craft
- Dedicated bus for resident outings
- Dietitian
- Gardening

- Hairdresser
- Palliative care room for family support
- Pastoral care
- Physiotherapy
- Podiatry
- Religious services upon request
- Rural setting

#### **Contact us**

1800 864 846 ask@uniting.org uniting.org





## **Our location**

## 128 Blaxland Avenue Singleton NSW 2330

Uniting Elizabeth Gates is located in the thriving township of Singleton in the Hunter region of New South Wales. With sweeping views over the rural plains and distant mountains, Uniting Elizabeth Gates is a peaceful aged care home with strong connections to the local community.

# **Our community**

Everyone who works at Uniting Elizabeth Gates cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Elizabeth Gates is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

# **Experts in care**

If you choose Uniting Elizabeth Gates, the level of care and support you receive will be based on *your* needs. We can help you with personal care (such as showering and getting dressed), managing your health and medication, and all of the day-to-day jobs that have become tricky to manage by yourself. We take the stress out of life by assisting with the cooking, cleaning and laundry, and will work with your family to develop a support plan that's right for you.



# **Uniting Elizabeth Gates offers:**

#### **Services**

- Welcome program for all residents
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- · Meals and refreshments
- Assistance with daily living activities
- Emotional support and pastoral care
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services.

#### **Room types and features**

- Uniting Elizabeth Gates offers a range of accommodation options. The approximate sizes (excluding ensuites) are:
  - Single room with private ensuite, 17m<sup>2</sup>
  - Single room with shared bathroom, 17m<sup>2</sup>
  - Double room with shared bathroom, 34m<sup>2</sup>
  - Double room with shared ensuite, 34m<sup>2</sup>
- All rooms are bright and airy, in very good condition and have abundant natural light

- The rooms offer home-like comforts including a bed, bedside table, traditional furnishings and fittings and personal storage
- All rooms are designed for privacy while promoting community living through easy access to common areas.

#### **Common areas**

- The activity room is air-conditioned and offers a place for residents and their families to gather informally and enjoy use of the large modern TV, DVD player and seating
- When privacy is required for family gatherings or quiet discussions, there are breakout rooms with comfortable seating, tea and coffee making facilities, good lighting and views to the gardens
- The natural surroundings provide tranquil outdoor spaces for residents, family and friends to enjoy.

## **Support services**

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs and a podiatrist, all who visit regularly
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned by our Healthy Lifestyle Coordinator to ensure a variety of social activities and to promote healthy living
- Residential support services are tailored to individual needs and preferences.

The natural surroundings provide tranquil outdoor spaces for residents, family and friends to enjoy.

### **About Uniting**

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

#### Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Elizabeth Gates and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.

