

Aged care home

# Uniting Garden Suburb



# Feel right at home

**We're delighted you're thinking of joining our community at Uniting Garden Suburb.**

**Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.**

**We're committed to the health and happiness of everyone who lives at Uniting Garden Suburb and should you choose our service, we'll do everything we can to make you feel right at home.**

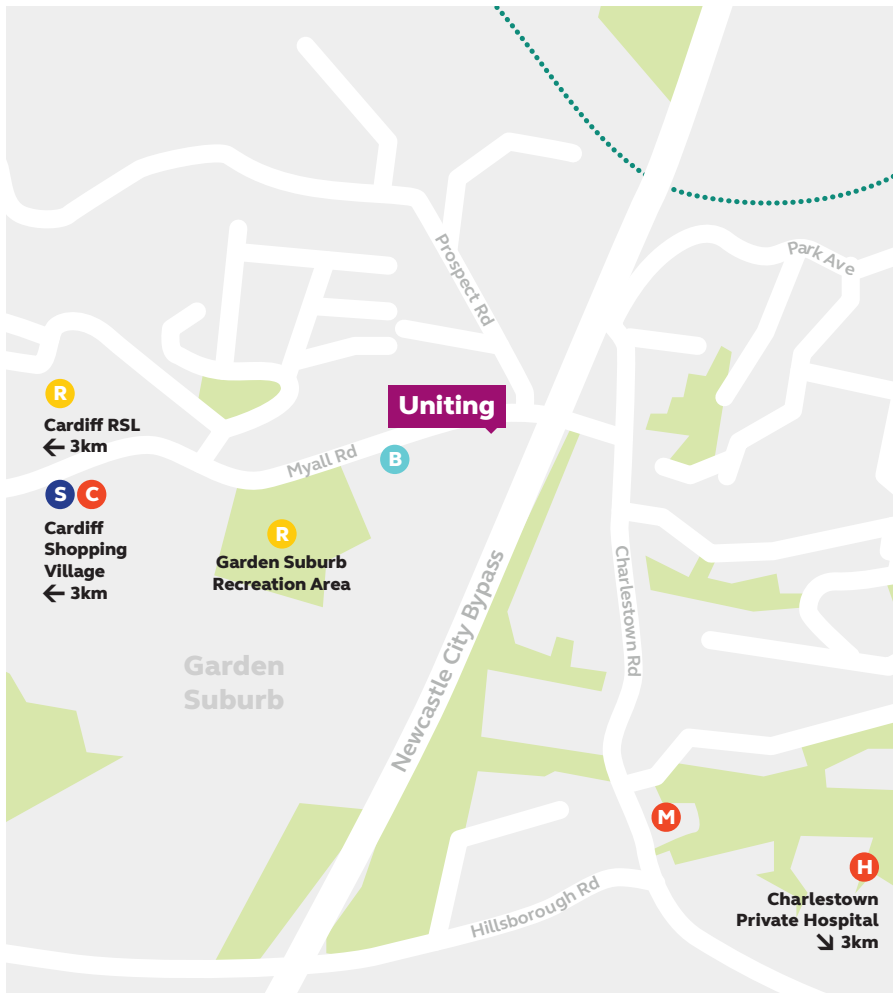
## Uniting Garden Suburb at a glance

- 85 aged care places including dementia support places
- Café
- Chapel
- Concerts
- Craft
- Dietitian
- Eye and hearing clinic
- Gardening
- Hairdresser
- Library
- Pastoral care
- Pets
- Physiotherapy
- Podiatry
- Religious services upon request

### Contact us

1800 864 846  
ask@uniting.org  
uniting.org

**Uniting**



- B **Bus Stop**

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- H **Hospital**

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- M **Medical Centre**

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- C **Chemist**

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- S **Shops**

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- R **Recreation**

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- Uniting Garden Suburb

## Our location

**7 Myall Road  
Garden Suburb, NSW 2289**

Uniting Garden Suburb is located in the beautiful City of Lake Macquarie in the Hunter region of New South Wales. Close to schools, parks and several large shopping centres, Uniting Garden Suburb has strong connections to the local community.

## Our community

Everyone who works at Uniting Garden Suburb cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Garden Suburb is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

## Experts in care

If you choose Uniting Garden Suburb, the level of care and support you receive will be based on *your* needs. We can help you with personal care (such as showering and getting dressed), managing your health and medication, and all the day-to-day jobs that have become tricky to manage by yourself. We take the stress out of life by assisting with the cooking, cleaning and laundry, and will develop a support plan that's right for you.

Uniting is passionate about supporting people living with dementia to lead happy and healthy lives. You and your family have the added security of knowing our qualified staff are there 24-hours a day.



## Uniting Garden Suburb offers:

### Services

- Welcome program for all residents
- Support for people living with dementia and cognitive impairment
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- Meals and refreshments
- Assistance with daily living activities
- Emotional support, pastoral care and chaplaincy
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services
- Diversional therapy.

### Room types and features

- Uniting Garden Suburb offers the following accommodation options. All rooms sizes are approximate and exclude the ensuite or bathroom:
  - Single room with shared bathroom, 12m<sup>2</sup>
  - Double room with shared bathroom, 18m<sup>2</sup>
  - Shared room (3) with shared bathroom, 31m<sup>2</sup>
  - Shared room (4) with shared bathroom, 31m<sup>2</sup>

- Dementia specific, single room with private ensuite, 16m<sup>2</sup>
- Dementia specific, double room with shared ensuite, 20–23m<sup>2</sup>
- All rooms are in a well-maintained condition and offer home-like comforts including air-conditioning, a bed, bedside table, traditional furnishings and fittings and personal storage, as well as handrails and an emergency call system
- All rooms are designed for privacy while promoting community living through easy access to common areas.

### Common areas

- Uniting Garden Suburb's main lounge room is air-conditioned and offers a place for residents and their families to gather informally and enjoy use of the large modern TV, DVD player, library, comfortable seating and tea and coffee making facilities
- When privacy is required for family gatherings or quiet discussions, there are ample indoor and outdoor areas
- The grounds offer residents numerous quiet spaces to sit and relax with family and friends.

### Support services

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs, a physiotherapist, optometrist, audiologist, podiatrist, speech therapist, dietitian and dentist, all who visit regularly
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned by our Healthy Lifestyle Coordinator to ensure a variety of social activities and promote healthy living
- Residential support services are tailored to individual needs and preferences.

**The grounds offer residents numerous quiet spaces to sit and relax with family and friends.**

## About Uniting

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

## Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Garden Suburb and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.

**Contact us**  
1800 864 846  
[ask@uniting.org](mailto:ask@uniting.org)  
[uniting.org](http://uniting.org)

**Uniting**