## **Aged care home**

## **Uniting Springwood**



# Feel right at home

We're delighted you're thinking of joining our community at Uniting Springwood.

Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.

We're committed to the health and happiness of everyone who lives at Uniting Springwood and should you choose our service, we'll do everything we can to make you feel right at home.

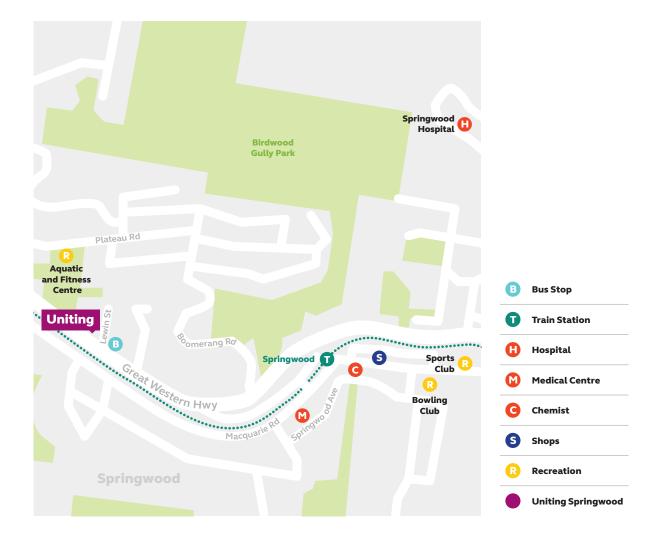
# Uniting Springwood at a glance

- 134 aged care places including dementia support places
- · Access to dietitian
- Access to physiotherapy
- Activities
- Bus outings
- Chapel
- Hairdresser
- Kiosk Library
- Pastoral care
- Religious services on request

## **Contact us**

1800 864 846 ask@uniting.org uniting.org





## **Our location**

## 2 Lewin Street Springwood NSW 2777

Uniting Springwood is located in the peaceful township of Springwood in New South Wales' scenic Blue Mountains. Close to shops, parks and transport, Uniting Springwood has strong connections to the local community.

## **Our community**

Everyone who works at Uniting Springwood cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Springwood is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

## **Experts in care**

If you choose Uniting
Springwood, the level of care
and support you receive will be
based on your needs. Whether
you simply need a hand with
personal care (such as getting
dressed) or need fulltime
nursing support, we'll develop
a support plan that's right for
you. We take the stress out life
by assisting with the cooking,
cleaning and any other jobs
that have become tricky to
manage by yourself.

Uniting is passionate about supporting people living with dementia to lead happy and healthy lives. You and your family have the added security of knowing our qualified staff are there to assist 24-hours a day.



## **Uniting Springwood offers:**

#### **Services**

- Welcome program for all residents
- Support for people with dementia and cognitive impairment
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- Meals and refreshments
- Assistance with daily living activities
- Emotional support, pastoral care and chaplaincy
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services.

#### **Room types and features**

- Uniting Springwood offers a number of room types.
   The approximate sizes, excluding ensuites, are:
  - Single high care room with shared ensuite, 19m²
  - Double high care room with shared ensuite, 26m<sup>2</sup>
  - High care dementia support single room with private ensuite, 21m<sup>2</sup>
  - Hillman House, single room with private ensuite, 22m<sup>2</sup>
  - Lewin Lodge, single room with private ensuite, 19m²

- Lewin Lodge, large double room with private ensuite, 32m²
- All rooms are bright and airy, in very good condition and have abundant natural light
- The rooms offer home-like comforts including a bed, bedside table, traditional furnishings and fittings and personal storage
- The bathrooms have handrails and an emergency call system
- All rooms are designed for privacy while promoting community living through easy access to common areas.

#### **Common areas**

- Uniting Springwood's common room is air-conditioned and offers a place for residents and their families to gather informally and enjoy use of the large modern TV, DVD player, library and seatings areas
- When privacy is required for family gatherings or quiet discussions, garden courtyards or a small breakout area with comfortable seating, tea and coffee making facilities, good natural lighting and views to the gardens are available
- Garden areas provide child-friendly outdoor spaces for residents, family and friends to enjoy.

## **Support services**

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs, a podiatrist and a dentist who visit regularly
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned to ensure a variety of social activities and to promote healthy living
- Residential support services are tailored to individual needs and preferences
- Uniting Springwood is proud to offer respite care whenever places are available.

All rooms are designed for privacy while promoting community living through easy access to common areas.

### **About Uniting**

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

#### Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Springwood and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.

