

Aged care home

Uniting Wesley Gardens Belrose (high care)



Feel right at home

We're delighted you're thinking of joining our community at Uniting Wesley Gardens.

Moving is always a big decision, but Uniting is here to provide you and your family with the information and support you need to choose what's right for you.

We're committed to the health and happiness of everyone who lives at Uniting Wesley Gardens and should you choose our service, we'll do everything we can to make you feel right at home.

Contact us
1800 864 846
ask@uniting.org
uniting.org

Uniting Wesley Gardens at a glance

- 140 aged care places including dementia support places
- Access to a dietitian
- Access to physiotherapy
- Aromatherapy
- Auditory day trips
- Dental
- Friday service in Chapel
- Hairdresser
- Kiosk
- Library
- Occupational therapist
- Optometry
- Pastoral care
- Podiatry
- Uniting Church onsite

Uniting



- B **Bus Stop**

- H **Hospital**

- S **Shops**

- R **Recreation**

- **Uniting Wesley Gardens**

Our location

**2b Morgan Road
Belrose NSW 2085**

Uniting Wesley Gardens is located in the suburb of Belrose in Sydney's thriving Northern Beaches. Close to parks and amenities and with beautiful views to the Northern Beaches, Uniting Wesley Gardens has strong connections to the local community.

Our community

Everyone who works at Uniting Wesley Gardens cares deeply about the people that make up our community. For us it's about empowering you to live your best life and creating an environment that is loving, caring and supportive.

Uniting Wesley Gardens is a welcoming place, with areas designed for sharing with your visitors. Catching up with family and friends is an important part of life, and moving here does not mean you need to give up entertaining – everyone is welcome!

Experts in care

If you choose Uniting Wesley Gardens (high care), the level of care and support you receive will be based on *your* needs. We can help you with personal care (such as showering and getting dressed), managing your health and medication, and all the day-to-day jobs that have become tricky to manage by yourself. We take the stress out of life by assisting with the cooking, cleaning and laundry, and will develop a support plan that's right for you.

Uniting is passionate about supporting people living with dementia to lead happy and healthy lives. You and your family have the added security of knowing our qualified staff are there 24-hours a day.



Uniting Wesley Gardens offers:

Services

- Welcome program for all residents
- Support for people living with dementia and cognitive impairment
- 24-hour on-call assistance
- 24-hour professional nursing and personal care
- Cleaning and general laundry services
- Meals and refreshments
- Assistance with daily living activities
- Emotional support, pastoral care and chaplaincy
- Treatments and procedures, rehabilitation support and assistance in obtaining health practitioner services.

Room types and features

- Uniting Wesley Gardens offers various accommodation options. All room sizes are approximate and exclude the ensuite or bathroom:
 - Nursing Home, single room with shared bathroom, 10m²
 - Nursing Home, double room with shared bathroom, 22m²
 - Nursing Home, shared room (4) with shared bathroom, 39m²

- Banksia Wing, dementia specific, single with ensuite, 13m²
- The Luke Centre, dementia specific, single room with ensuite, 16–20m²
- All rooms are well-maintained, bright and airy with abundant natural lighting
- Rooms offer home-like comforts including a bed, bedside table, traditional furnishings and fittings and personal storage
- Each bedroom has handrails, an emergency call system and personal storage
- All rooms are designed for privacy while promoting community living through easy access to common areas.

Common areas

- Uniting Wesley Gardens' main common room is air-conditioned and offers a place for residents and their families to gather informally and enjoy the use of the large modern TV, DVD player, library and comfortable seating
- When privacy is required for family gatherings or quiet discussions, there are garden courtyards or a small breakout area with comfortable seating, tea and coffee facilities, good lighting and views of the gardens

- Garden areas provide tranquil child-friendly outdoor spaces for residents, family and friends to enjoy
- A computer with internet access is available onsite
- Uniting Wesley Gardens' kiosk provides a place for residents to relax and meet friends and family.

Support services

- Staff strive to create an environment of comfort and familiarity while providing excellent care
- Our care support includes local GPs, a podiatrist and a dentist, all who visit regularly
- Chaplaincy, pastoral care and religious services are available
- Recreational programs, bus outings, a library, craft activities and games are planned to ensure a variety of activities and promote healthy living
- Residential support services are tailored to individual needs and preferences.

All rooms are well-maintained, bright and airy with abundant natural lighting.

About Uniting

At Uniting, we believe in taking real steps to make the world a better place. We work to inspire people, enliven communities and confront injustice.

Our team provides aged care, disability support, community services and chaplaincy. As an organisation we proudly engage in social justice advocacy about issues faced by the people we serve. We celebrate diversity and welcome all people regardless of their lifestyle choices, ethnicity, faith, sexual orientation or gender identity.

A not-for-profit organisation, Uniting is the single largest provider of aged care in New South Wales and the ACT. More than 14,000 people access our aged care services, which include independent living, aged care homes, respite, in-home and community care, and Healthy Living for Seniors programs.

Take the first step

Like to know more? The Uniting team is here to help. Please call us to make an appointment to visit Uniting Wesley Gardens and discuss your unique needs.

If you need accommodation urgently, our admissions officers and service staff are on hand to provide immediate assistance.

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